

What is hearing loss?

Hearing loss is surprisingly common and affects around 1 in 6 people. In fact, about 40% of over-50s have some degree of hearing loss. It's completely normal and while it's usually age-related, it can also be caused by long-term exposure to loud noise, like from gigs and nightclubs.

The good news is that treating hearing loss is quite straightforward these days. Modern hearing aids are tiny and very discreet. But despite being so small, they're packed with digital technology that can bring back a world of sounds, improving the wearer's quality of life and that of their friends and family. They don't have to cost a fortune either.

Signs of hearing loss

Hearing loss happens gradually, so you might not even notice your hearing's getting worse. Thinking that other people are mumbling is a tell-tale sign that your hearing has deteriorated. And if your family (or your neighbours, or the people in the next street) complain that the TV is too loud, you probably need a hearing test.

How can we help?

If you think that you or someone you know may have a hearing loss, it's easy to start taking steps to get it sorted out.

Try our free app

We've made an easy-to-use app that lets you do your own simple hearing check in three minutes. You can download the Specsavers Hearing Check app for free from the Apple or Play store.

Speak to our team

Pop into your local Specsavers store and chat with one of our team. They'll be happy to give you advice and can book you in for a free hearing test.

Book a free hearing test

We'll check your hearing free of charge. The test takes about an hour and is done by one of our hearcare professionals. You're welcome to bring somebody along with you to the appointment. Just call your local store or book an appointment online.

For more information about hearing loss and how we can help, visit [specsavers.co.uk/hearing](https://www.specsavers.co.uk/hearing)



Opticians & Audiologists